

Name _____

Period _____

Tompkins Orchestras Weekly Practice Record

Basic practice routine

1. Warm up with the scale of the week or a scale that applies to the music you are working on. (5–10 minutes)
2. Review daily warm up or an exercise from class work. Careful to monitor posture, position & correct technique. (5–10 minutes)
3. Review & practice music from class repertoire. Focus on the parts you cannot play well. The best way to do this is to play a few measures - then comment to yourself on it. Some possible things to comment on: intonation, tone quality, rhythm, tempo, dynamics, etc. Go back and play the section again. Hopefully - it will be better. There should probably never be more than thirty seconds of straight playing without a pause to comment and try again. It is not necessary that you get through the entire piece so please consider quality more important than quantity. (10–20 minutes)
4. If you are in private lessons you will want to follow this basic routine but allow for more time on your lesson teacher’s exercises, etudes, solos, etc.

Grading scale:

Minutes	Grade
180 & higher	100
150–179	90
120–149	80
90–119	70
60–89	60
30–59	30
Below 30	Minutes = grade

Week of _____

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Minutes Practiced							

Student Signature _____

Total Minutes _____